ABSTRACT

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The aim of this report was to present in a comprehensive way related to medical screening of all the hajj pilgrims from the State of Penang who will be leaving to Mecca for the pilgrimage for year 2012. The results indicate that the majorities are in the middle and advance age group, above the age of 40 to 79 years old and they are part of the 44% who passed the medical examination through treatment as they have underlying chronic illnesses. Also nearly 97% of pilgrims were vaccinated against the Meninggococcal Meningitis infection. The prevalence of medical condition among the pilgrims is up to 46.3% and these include different types of co morbid. Early medical screening is very essential in order for the pilgrims to recover or stabilize from their medical illnesses. Also, setting up Travel Medicine Unit should be strongly considered by the Ministry of Health Malaysia to handle the Hajj pilgrims annually as it involves thousands of people. Dedicated multi disciplinary approaches under one roof maybe the solution in making sure our pilgrims survives the hazardous environment while performing the Hajj in Mecca.